

# My 2026 COMMITMENT

1. **Pray at least twice a week using the Life Support Prayer Calendar.** We encourage at least once gathered with other Christians, as two or more.
2. **Encourage other individuals in your congregation to join in the Life Support Prayer ministry.** Notify PPL of those who are interested in commitment.
3. **Encourage congregational prayers** to protect preborn children, for the care of their young parents and families, as well as for the aged and those suffering with chronic disease or disability.
4. As you are led, **renew your Life Support commitment** annually.

## PPL is so grateful for your prayers!

We know that the seasons of your life change. If you are unable to continue your commitment to PPL's prayer team, please contact us and we will remove you from these mailings.



P.O. Box 199061, Indianapolis, IN 46219  
(317) 434-4558 | ppl@ppl.org  
www.ppl.org | Facebook.com/PPLPage  
X @presbyprolife

# LIFE SUPPORT PRAYER CALENDAR

JAN | FEB | MAR | APR  
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## John 17: 3, 18-19, 23 ESV

***“And this is eternal life, that they know you, the only true God, and Jesus Christ whom you have sent. ... As you sent me into the world, so I have sent them into the world. And for their sake I consecrate myself, that they also may be sanctified in truth. ... I in them and you in me, that they may become perfectly one, so that the world may know that you sent me and loved them even as you loved me.”***

# THE LORD’S PRAYER FOR TODAY AND TO COME

*By Rev. Lowell Avery, PPL Board Member*

I cannot remember when I learned the “Lord’s Prayer.” I grew up connected to churches that prayed it frequently, so I probably learned it before I could read. It is a great model prayer, and I regularly still let it guide me in my praying. But I do remember that as a young adult Christian, I started calling it the “Disciples’ Prayer” or the “Our Father,” and I started referring to *John 17* as the “Lord’s Prayer.” The longest of Jesus’s recorded prayers, it tells us what was on His heart as He anticipated dying, rising, and returning to the Father.

In John 17, Jesus began by praying for the Father to glorify Him as He had glorified the Father. He had accomplished the work the Father had given Him to do: making known in the earth both the only true God and “Jesus Christ, whom [He] had sent.” I am so grateful that some believed in Him.

Accordingly, He prayed for His immediate disciples, that the Father would keep them from the evil one and keep them fully devoted in the truth, the Father’s Word. He faithfully held them fast. So today, we have the Church and the Bible to tell us the truth of God that points us to eternal, abundant life.

Then, as the Prophet that Moses had foretold, Jesus also spoke of His future disciples and prayed for them (us!) (Deuteronomy 18:15-19). His request of the Father was not just for our eternal presence with Him, but also for a unity that does two important things: it continually and persuasively expresses to the world that the Father sent the Son, and it demonstrates that the Father loves His Church as He loves Jesus. May our unity in prayer for the vulnerable ones made in God’s image continue to fulfill Jesus’s prayer for this world and for us.

*Life Support Prayer Calendar prayer prompts are written by Rev. Lowell Avery, PPL Board Member, and edited by Carla van Eyk, Executive Director. The LS Prayer Calendar at ppl.org is updated weekly, and downloads of the LS Prayer Calendar are available, also.*

*All Bible quotations are from the English Standard Version (ESV). Photo from royalty-free-image.*

## JANUARY

**January 4 - 10:** ***“In the beginning was the Word, and the Word was with God, and the Word was God. ... There was a man sent from God, whose name was John. He came as a witness, to bear witness about the light, that all might believe through him.”*** John 1:1, 6-7 ESV  
Almighty God, glorify Yourself as the Word made flesh by protecting the most vulnerable humans, the babies in their mothers' wombs. Lord of all, embolden Your Church to speak the truth in love about the sacredness of all made in Your image at every stage of life.

**January 11- 17:** ***“The true light, which gives light to everyone, was coming into the world. ... But to all who did receive him, who believed in his name, he gave the right to become children of God, ... And the Word became flesh and dwelt among us, and we have seen his glory, glory as of the only Son from the Father, full of grace and truth.*** John 1:9, 12, 14 ESV  
Heavenly Father, as Your children, we call upon You to watch over and sustain our fellow human beings, however old or young we may be. Our Father, in Jesus's name we ask You to put Your glory on display through Your Church, the Body of Christ, by leading us to lay down our lives for those under threat of unjust death.

**January 18- 24:** ***“I [John] am the voice of one crying out in the wilderness, 'Make straight the way of the Lord,' as the prophet Isaiah said. ..., but he who sent me to baptize with water said to me, 'He on whom you see the Spirit descend and remain, this is he who baptizes with the Holy Spirit.'”*** John 1:23, 33 ESV  
Spirit of the living God, speak and work through Your people to call this world to repentance and faith in Jesus, so that abortion and suicide become unthinkable options among all peoples. Father God, continually fill us with Your Spirit, that we might have the understanding, wisdom, and power to do the loving will of our Lord Jesus.

**January 25 - 31:** ***“The next day again John was standing with two of his disciples, and he looked at Jesus as he walked by and said, 'Behold, the Lamb of God!' ... Philip found Nathanael and said to him, 'We have found him of whom Moses in the Law*** (continue above)

## FEBRUARY

**January 25- 31:** (continued) ***“and also the prophets wrote, Jesus of Nazareth, the son of Joseph.”*** John 1:35-36, 45  
Great Shepherd, lead us as your flock, not only to the green pastures and still waters, but also through the Valley of the Shadow of Death, confident that You are with us when we speak and act on behalf of babies in the wombs or the vulnerable dying. Lord Jesus, You have found us. Lead us and help us find others who need to hear Your call to the loving truth of sins forgiven and lives transformed.

**February 1- 7:** ***“This, the first of his signs, Jesus did at Cana in Galilee, and manifested his glory. And his disciples believed in him.”*** John 2:11  
Glorious Savior, do Your miraculous work in and among Your disciples today, that fathers of the unborn and sons of the aged might heed Your call to protect the powerless. We call upon You, the one true God, to expose and cast out the idols that hinder our prayers and actions on behalf of our vulnerable neighbors.

**February 8- 14:** ***“For God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him.”*** John 3:16-17  
Holy and merciful God, move us to lovingly pray for and speak to those who are living under the threat of Your just judgment. May they be saved and live in newness of life and not continue in the way of death. Gentle Jesus, teach us to bear witness as the Samaritan woman did, that whole cities might recognize that You know everything about us, and still offer us living water.

**February 15- 21:** ***“Truly, truly, I [Jesus] say to you, the Son can do nothing of his own accord, but only what he sees the Father doing.' ... Simon Peter answered him, 'Lord, to whom shall we go? You have the words of eternal life.’”*** Jn 5:19, 6:68 ESV  
Holy Spirit, show us what the Father is doing; empower us to go wherever He is leading us, to speak and do as He would do, especially on behalf of those under the threat of murder. As stewards of Your words of life, help us to recognize what a wonderful responsibility we bear. When others turn away from us for standing with You, keep our hearts set on the best. (continue)

## MARCH

**February 22- 28:** (continued) ***“If anyone's will is to do God's will, he will know whether the teaching is from God or whether I am speaking on my own authority. ... Whoever believes in me, as the Scripture has said, 'Out of his heart will flow rivers of living water.’”*** Jn 7:17, 38  
God of all truth, may Your will be done in us; open the eyes of the blind that they may see the truth about the sacredness of life whether in the womb, in the aged or handicapped. Spirit of God, flow out of our hearts; may others hear and believe the words of eternal life that will lead them out of the darkness of the culture of death.

**March 1- 7:** ***“Jesus answered, 'It was not that this [blind] man sinned, or his parents, but that the works of God might be displayed in him.’”*** (John 8:58), 9:3 ESV  
Eternal God, Your truth stands forever, and our neighbors need to hear about Your grace that sees our guilt clearly and offers us life. Please persuade the Lost to choose life, both for themselves and for others in their care. Lord, once again, open the eyes of the blind; put the works of God on display, and set free the agents of death from the lies that are causing such great harm to others as themselves.

**March 8-14:** ***“The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly. ... Jesus said to her, “I am the resurrection and the life. Whoever believes in me, though he die, yet shall he live, ...”*** John 10:10, 11:25  
Heavenly Father, it's clear that the evil one is still wreaking havoc on earth, especially in the abortion mills and drug makers' factories. Help us to shine the light of Your truth on dark places, to lead people out from these temples of death. Lord Jesus, You brought Lazarus out of the tomb; use Your Spirit in us to keep others from the tomb prematurely.

**March 15-21:** ***“[Mary] anointed the feet of Jesus and wiped his feet with her hair. The house was filled with the fragrance of the [expensive] perfume. ... [Jesus]:'A new commandment I give to you, ... just as I have loved you, you also are to love one another. ...’”*** John 12:3, 13:34-35  
Creator, whatever You have put into our stewardship, we devote it to Your use for the honor of the One who gave His life for us. Great Comforter, help us to love one other by encouraging in the struggle to protect the lives of the weak.

## APRIL

**March 22-28:** (continued) ***“But the Helper, the Holy Spirit, ... will teach you all things and bring to your remembrance all that I have said to you. ... Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.”*** Jn 14:26, 15:5  
Breath of God, You gave us the Word. Remind us of the truth when we are tempted to give in to the world's lies. Vine-dressing Father, keep us close, to live fruitful lives.

**March 29- April 4:** ***“And when he comes, he will convict the world concerning sin and righteousness and judgment ... “I do not ask for these only, but also for those who will believe in me through their word, ...”*** Jn 16:8, 17:20ff  
Convicting Spirit, help us repent; as we are more transformed, may Your light shine more brightly in us. Thank You, Jesus, that You continue to pray for us. Help us to display the unity You have established in Your Church by speaking with one voice on behalf of the most vulnerable.

**April 5-11:** ***“When Jesus had received the sour wine, he said, ‘It is finished,’ and he bowed his head and gave up his spirit.”*** John 19:30  
Father, Jesus accomplished what You sent Him to do. Lead us to do the part You have given us at this time in this place. May we call the death-captured to repent and believe in the life-giving Lord.

**April 12- 18:** ***“Now Jesus did many other signs ..., which are not written in this book; but these are written so that you may believe that Jesus is the Christ, the Son of God, and that by believing you may have life in his name.”*** Jn 20:30-31 ESV  
Resurrected Lord, keep doing your miracles among us. Draw many out of their lives of death that we would draw them into Your Church and help them grow up as disciples to champion life. Help us not to fear.

**April 19- May 2:** ***“This is the message we have heard from him and proclaim to you, that God is light, and in him is no darkness at all.”*** 1 John 1:5  
Father, we look forward to the day when there is no need of sun or moon in the new city of Jerusalem, for the glory of God gives it light, and its lamp is the Lamb. Until that day, help us to live as the light of the world, that the darkness may be dispelled and the prisoners set free from their shackles of death.